



Quick Facts about Wheelchair Rugby

- Wheelchair Rugby was first developed in Canada in the late 70's and was originally called murderball. It was introduced to the United States in the early 80's by Brad Mikkelsen at the University of North Dakota.
- The game of Wheelchair Rugby is played primarily by quadriplegics, and is also known as Quad Rugby. Players must have a combination of upper and lower extremity impairments to be considered eligible to compete. Both males and females do compete on the same teams.
- Wheelchair Rugby is played indoors on a basketball court with minor alterations. Four players from each team compete on the court at a time. Goals are scored by carrying a volleyball across the opponents goal line. Full chair contact is allowed in the game and adds to the excitement of this fast paced sport.
- The United States Quad Rugby Association (USQRA) was formed in 1988 with only six charter teams. Today there are over 40 competitive teams and over 600 athletes that actively participate in the United States alone.
- Wheelchair Rugby is now played in over 25 countries! This is remarkable considering the sports short history and the fact that at least four quadriplegics from a given area are required to form a basic team. Ideally, teams will have 6-12 players.
- Wheelchair Rugby was played at the Paralympics for the first time as an Exhibition Sport in Atlanta in 1996. Team USA was undefeated in Atlanta and won the Gold Medal. Wheelchair rugby has been given full competitive status for the 2000 Paralympics in Sydney, Australia.
- There have been eight internationally sanctioned wheelchair rugby tournaments to date. The United States won the Gold Medal at each of these competitions and is the only country in the world to win Gold in international play.
- It is a proven fact that people who participate in wheelchair sports are healthier and more productive in life than those that choose not to. Many players have come into this sport using electric wheelchairs and as a result of participation, now use manual wheelchairs on a full time basis.
- A Internet website dedicated to wheelchair rugby has been established at www.quadrugby.com Visit us on-line today and you will find tournament schedules, clinic dates and locations, photos, scores and stories from recent events, and much much more..

www.quadrugby.com

5861 White Cypress Drive Lake Worth, Florida 33467

Phone (561) 969-1970 Fax (561) 642-4444