

Team USA Wheelchair Rugby

★ Athlete Profile ★

Norm Lyduch #5

Class 1.0

Hometown: Austin, Texas

Birthdate: July 4, 1972

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In 1998, Norman Lyduch helped Team USA capture the Gold Medal at the 1998 Rugby World Championships. In 1994, Norm was the National Track Champion in the 100, 200 and 1500-meter events. In 1995 he again captured the 100 through 1500 meters (class T1) at the National Track Championships.

Norm knew he wanted to be an Olympic Athlete when Rugby first became a Paralympic sport in 1996. He was drawn to Rugby because of the intensity and contact of the sport and the excitement of competition, which he thrives off of. Looking forward, Lyduch hopes to win a Gold Medal and a National Championship in Rugby

Norm comes from a large family of four brothers and three sisters. A music lover, Norm is set on skydiving at least once during his lifetime. He began playing Rugby in 1990 just one year after a car accident left him permanently paralyzed.

Norm Lyduch works at The Home Depot in Austin, Texas. Home Depot, the nation's largest Olympic Job Opportunities Program (OJOP) employer, is helping athletes like Lyduch realize their Paralympic dreams.

Athletic/Training Experience

Sport: Wheelchair Rugby
US National Teams: Two
Years of participation in sport: 9 Years
Club Affiliation: Texas Stampede

Education

Undergraduate Education:
University of Illinois, GPA 4.0
B.S. in Business Administration
High School Education:
Dundee-Crown HS GPA 5.0

Competitive Record

Olympic Games:
1996 Atlanta Paralympic Games:
400M Class T1 - 5TH, 800M 7TH, 1500M 4TH
International:
1998 World Championships, Toronto, Canada
Gold Medal – Team USA Rugby

Track:
1994 National Champion 100,200 and1500
meters (Class T1)
1995 National Champion, 100-1500 meters
(Class T1)

Rugby:
All tournament class 1.0, 1999 Eastern Sectionals
All tournament class 1.0. 1999 USQRA Nationals