



## **How to Fundraise for a Team**

There are many ways to fundraise, but the most important thing to do is put in the effort and follow through – make sure that you get every member of your team to do their part. Do not get discouraged by rejection. Ask everyone you can think of to help; this includes family members, friends, co-workers, and members of your church – or anyone else you can think of.

### **Start**

Get a gym donated or paid for. Find an organization such as a school, church or parks and recreation department to donate gym time for practice. Paying for gym use can get quite expensive.

### **Sources of Income**

- Local Rehabs and hospitals.
- Medical supply and equipment companies.
- Local Associations, PT & OT organizations, Centers for Independent Living.
- Parties or socials; get a social club or fire hall donated, even an apartment social area. Find food donations and hold a raffle. Charge \$25 per ticket.
- Partner with a college fraternity.
- Hold a roll-athon, ask your members to get pledges for the number of miles/laps rolled.
- Get a local AB rugby team to play you for a donation – make a program and sell ads, sell tee shirts and refreshments.
- Sponsor a car wash, golf tournament, garage sale, or some other type of event.
- Ask local municipalities if you can do a road block at an intersection for an exhibition and ask for donations. Sell team t-shirts. Again, conduct a raffle.
- Find grant resources and start writing to them. Grant proposals require very specific budgets. You increase your chances for success by being thorough and professional.
- Players. Some teams require a specific commitment from each of their players – either personally or by raising funds – each year. You can set your own dollar amount.
- Others. Brainstorm and follow through.



## **Grant Writing**

- Explore the Internet for tips on how to write them. Google “how to write grants.” Then try “how to find grants” or “grant funding corporations.”
- Go to the bookstore and find books on these subjects.
- Ask for help from others who have grant-writing experience.

**501 (c) (3) Status** is having your organization become a non-profit organization with IRS identification. If your team is planning on fundraising and having your sponsors write off their donations on their taxes, you will need to apply for this. Go to [www.irs.gov](http://www.irs.gov) for the downloadable forms and instructions.

Anyone or any organization or person is a potential income source. So, just ask. There really is no easy way to do it other than hard work. Make sure that you get everyone on your team involved. The more people you have out there looking and asking, the better your chances are for success.